

Stoppap DANCE COMPANY

FROCK

A Visual Story



easy
read





FROCK is an outdoor dance work by **Stopgap Dance Company**.

Stopgap creates dance with **disabled** and **non-disabled** dancers.



Six dancers perform in FROCK.

FROCK is performed **outside**, usually on **highstreets** and outdoor spaces in **towns** and **cities**.



FROCK is about **celebrating** that everyone is **different**. It's a bit of a **party** at times.

Frock questions how people wanted men and women to **behave** and **dress** traditionally in the past.

FROCK explores **gender**, **who we are**, and **relationships** through dance.



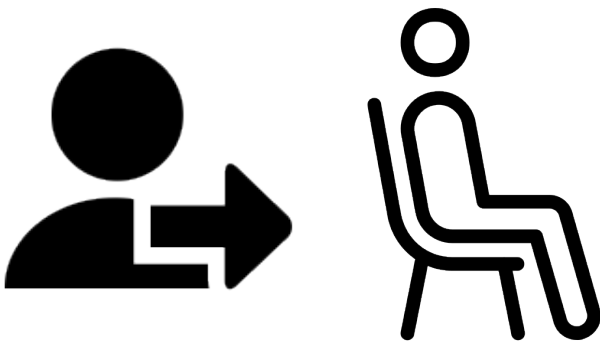
Performance Information

FROCK is around **25** minutes long.



FROCK is danced **outside**.
The show takes place inside a **square**.

You can watch from **all** sides of the space.



You can come and go from the show. If you need to leave, it is **okay to go** and **come back**.

During FROCK, there will be people around who you can **ask for help** if you need.



You are **allowed** to make as much **noise** as you like.

The dancers really enjoy it when you **clap** and get **excited**.



About FROCK

FROCK is **contemporary** dance.

This means dance that **doesn't follow any rules.**



FROCK was created by choreographer Lucy Bennett and the dancers.

A **choreographer** is someone who puts dances together.

Choreography is like a dance puzzle, with lots of sections of movement.



The dancers are split into **two groups.**

The **SKIRTS** - They wear flowery skirts and dresses.

The **SUITS** - They wear suits, shirts and ties.



Meet the SKIRTS

"Hello I'm Nadenh Poan

I'm a wheelchair dancer

My character is flirty and cheeky."



"Hello, I'm Christian Brinklow

My character is a bit nervous at the start.

I like being careful.

I join in with the fun though!"



"Hello, I'm Jannick Moth

I enjoy being a SKIRT, my character is full of joy.

In FROCK we dance with teacups during part of the show."



Meet the SUITS

"Hello, I'm Hannah Sampson
I'm a learning disabled
dancer.

My character is proud and
cocky."



"Hello, I'm Alice Shepperson

My character is confident. I like
the feeling of being free.

I have really long hair that gets
played with during FROCK."



"Hello, I'm Annie-Rose Grantham

I'm a disabled dancer, I have
shorter arms.

I enjoy the duets in FROCK. Where
I dance with another person."



"Hello, I'm Amy Butler

I am taller than the other SUITS.
I have short dark curly hair.

I like moving fast and quick
during FROCK. I like using lots
of energy."



"Hello, I'm KJ Mortimer

I enjoy dancing in FROCK. We
explore lots of things about
love and choosing who we
love.

This is important to me."

FROCK goes on **tour**.

This means it's performed **lots of times** in **different places**.

For different shows on our tour, one of the **SUITS** is danced
by **different dancers**. This is because two of the dancers are
mothers and they have young babies to care for.

It is Annie-Rose, Amy and KJ that **swap** between each show.



Scene by Scene Breakdown

FROCK has **four sections**.

Section One is called '**Kitchen Sink**'

This section is about being **neat** and **tidy**.

The dance has **clear patterns** that the dancers follow.



Section Two is called '**Adaptation**'.

(Adaptation means changing)

It is a bit of a **battle between the two groups** in FROCK.

The SUITS and SKIRTS both **show-off their moves** to each other.



Section Three is called '**Elastic Band**'.

This section has lots of **duets**. This is where two people **dance together**.

It is about **relationships** between people.

It's about being able to **choose who you love**.



Section Four is called '**Little Collisions**'.

(Collisions means when things crash together.)

It is a **party!**

The dancers **celebrate**.

This is a chance to clap and celebrate with them!