



BODIES OF WATER

Aftercare and Further Resources

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1. Support and Resources

The Black, African and Asian Therapy Network

- A directory of therapists of Black, African, Asian or Caribbean heritage.

Black Minds Matter

- Connects Black individuals and families to free mental health support provided by Black therapists.

Mind

- Mind offer information and support for all aspects of mental health.

Young Minds

- Young Minds provides support on a range of mental health issues for young people (up to 25) and their families.

Stand Against Racism & Inequality

- Support for victims of any type of hate crime including racist, faith-based, disablist, homophobia, transphobia, age-based or gender-based.

The Kings Fund

- Support information if you have been affected by racism or discrimination in the workplace.

At A Loss

- Signposting website and online bereavement counselling for anyone bereaved and those supporting them.

Safe Passages

Hope not Hate

3. ATC FUNDERS

Arts Council England

Wates Foundation,

Stanley Thomas Johnson Foundation

Esmee Fairbairn Foundation,

John Ellerman Foundation

2. Refugees, Immigrants and the Sanctuary-Seeking Communities Statistics

According to the UK Refugee Agency, the UK hosts a considerable number of refugees, Sanctuary seekers and immigrants who have fled conflict, persecution, and instability in their home countries. (REF: [UNHCR](#))

The only legal routes to claim asylum in this country are from just three countries Afghanistan, Ukraine or Hong Kong. (REF: [Commons library.parliament.uk/research-briefings](#))

As of 2020, there were over 130,000 refugees living in the UK with a significant portion having arrived via dangerous sea routes, seeking safety and sanctuary. (REF: [Refugee Council](#))

There were 29,437 people detected arriving by small boats in 2023 (REF: [Refugee Council](#))

23,665 - The number of refugees that the UK resettled from 2016 - 2020

Immigrants and refugees contribute to the cultural richness, economic growth and social fabric of the UK. Studies have shown that immigration has a positive net impact on the economy, including contributions to public finances and filling labour market gaps (REF: [The Migration Observatory](#))

Sanctuary-seeking cases often take years to be resolved - (REF: [Refugee Council](#))

At the end of December 2023, there were 3,902 legacy cases waiting for a decision, despite the Home Office claiming they had cleared the legacy backlog at the end of 2023.

4. THANKS TO

Holland House, Leila Querino, Public Acts, Counterpoint Arts, Greenwich Inclusion Project, Lewisham Migrant Hub, The Ahoy Centre, Women for Refugee Women, Woolich Common Community Centre, All Change Arts, Creating Ground